

Massagens in the confort of your home, office or hotel room.

## Massagens

Special Relaxing Massage (70min/90min) .....	75€/90€
Relaxing Massage (60min) .....	70€
Therapeutic massage (60min) .....	75€
Four hands massage (60min) .....	105€
Sports Massage (60min) .....	75€
Mommy to be massage (60min) .....	75€
Reflexology (60min) .....	65€
Chair massage (20min) .....	40€
Lymphatic Drainage (60min) .....	65€
Woman spa ritual Esfoliação corporal, massagem de relaxamento hidratante e facial express (100min) .....	115€
Himalayan energy ritual Massagem oriental e esfoliação revigorante com sal dos Himalaias e hidratação refrescante com aloe vera (100min) .....	120€

The prices include all products and equipment needed to perform the massage, as well all the traveling expenses to the city of Lisbon.  
For performing massages outside Lisbon, please contact reception.

## Massagens Orientais

Oriental Signature Massage (60min/90min) .....	75€/90€
Ayurvedic Massage (60min/90min) .....	75€/90€
Zen Ayurveda Massage (60min) .....	75€
Shiatsu (60min/90min) .....	75€/90€
Thai Massage (60min/90min/120min) .....	75€/90€/105€
Tui Na Massage (60min/90min) .....	80€/95€

## Massagens para dois

Relaxing massage for two (60min) .....	135€
Oriental massage for two (75min) .....	145€
Zen spa ritual for two Esfoliação corporal, massagem de relaxamento hidratante e tratamento facial express (100min) .....	205€
Massage Class for couples (90min) .....	120€
Massage Course for couples (3 aulas 90min) .....	320€

## Private yoga, pilates or tai chi class

pilates: 1 class / 4 classes / 8 classes.....55€/190€/340€